

Moody & Associates

Aim High, Go Deep... Emerge a Winner!



Executive Coach

Life and Business Coach

Motivational Speaker

Organizational Consultant

Master Trainer



Get To Know Dr. Moody



President and CEO of Moody and Associates, Dr. Virginia Moody is an Executive Coach, Consultant and dynamic Speaker who brings fun, excitement, awareness and accountability with a fresh perspective based upon her diverse life and business experiences. A seasoned traveler, Virginia brings over 20 years of experience in business and personal development with clients throughout the world, from diverse backgrounds and cultures. Her approach is systematic and process driven, tailored for the client. She fuses know-how of proven personal and business methods with her commitment that each client experience satisfaction and joy based upon their mission, values, strengths and motivations. She believes that everyone succeeds based upon their ability to generate value by what is needed and wanted. Ultimately she coaches and trains people to identify, plan and activate their passions in order to work less, produce more and to own businesses that run smoothly while making a significant difference globally.

Virginia has a doctorate in Adult Education, dual masters in Human Resource Development and Management and a Bachelor in Vocational Education. She is an author, creator of **SeaTraining™** and **God's Girlfriends™** and has won many awards and has been featured in magazines, radio and television based upon her dedication to excellence.

Services

Moody & Associates is a leadership and management consulting firm comprised of experienced facilitators who specialize in the following:



Mission

To ignite and excite individuals and organizations to be the **BEST**.

Clients Served

- Fortune Companies
- State, City and County Governments
- Department of Defense
- Individuals
- Professional Associations
- Nonprofits
- Colleges & Universities